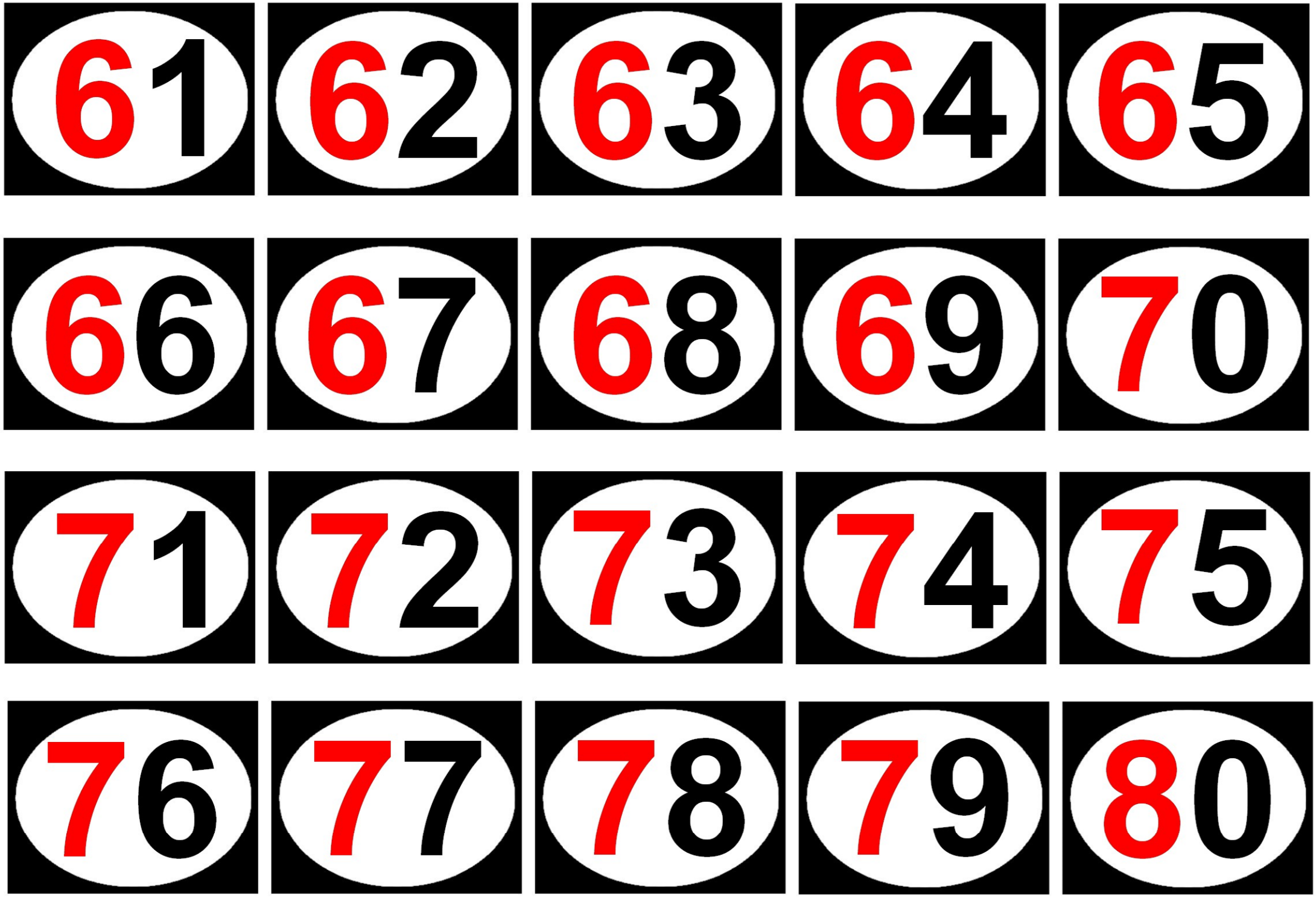www.fiche-maternelle.com